



## **Total Body Fitness Class**

**What better way to kick start the new year than to join a total body workout program.**

**Join us Wednesday nights at 6:00 PM**

**This 6 Week program will start January 13<sup>th</sup> and run through February 17<sup>th</sup>**

**Cost: \$45.00 for 6 weeks OR \$10 drop in per class**

**Please have a mat or thick towel, weights if you have them, plenty of water, and a sweat towel because we are going to work it.**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_

Phone:(H): \_\_\_\_\_ (C): \_\_\_\_\_

I agree not to hold responsible the Paxton Recreation Commission; the Town of Paxton; the owners of the premises where the program is held; or any of the parties connected with the program for any injury or accident that may occur during the program. I understand that if my child becomes a discipline problem, he/she will be dismissed from the program and no money will be refunded. I also grant permission for the Recreation staff to seek medical care for myself or my child in the event that a family member cannot be reached. (All participants in any town recreation program must complete this waiver).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



